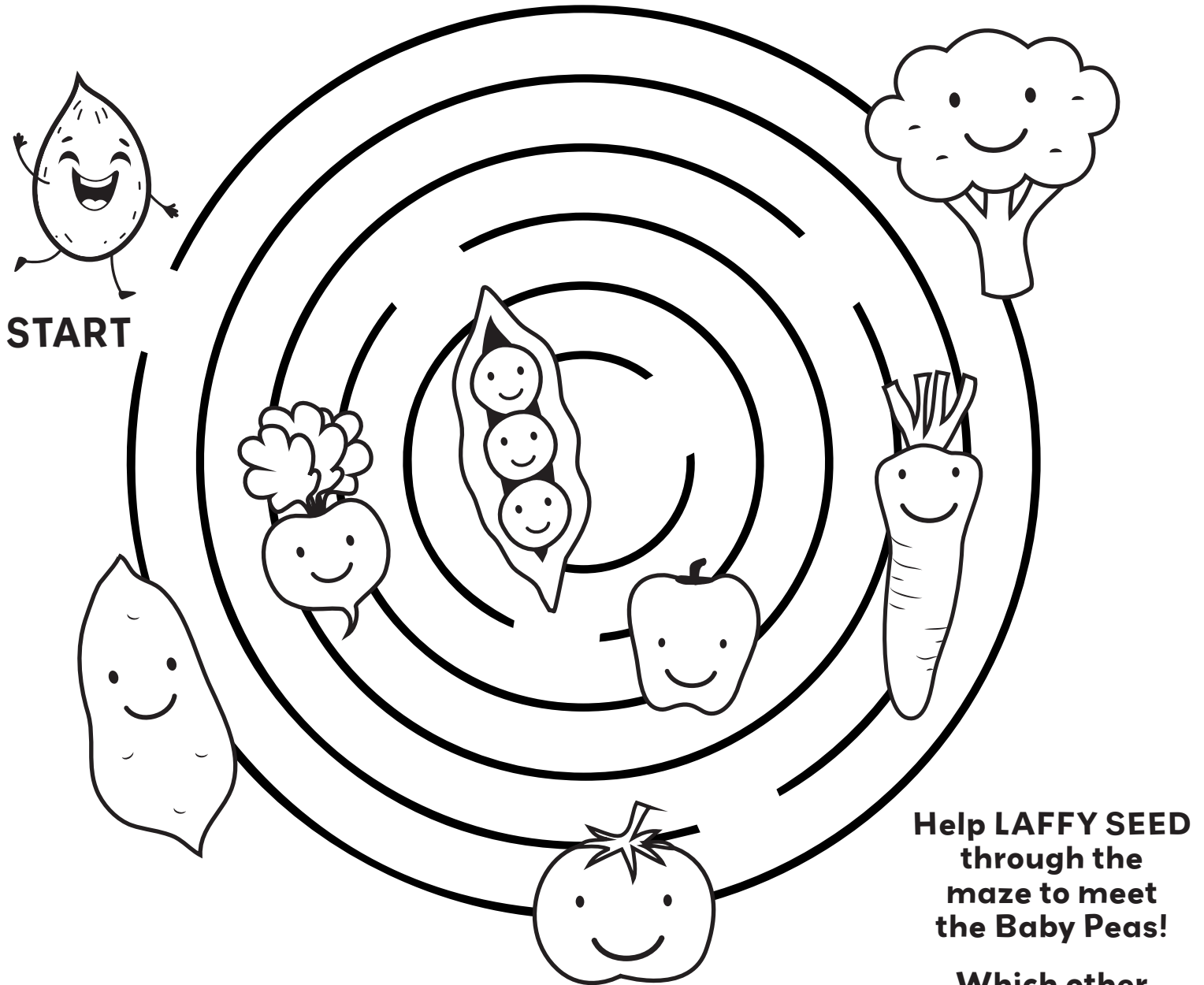


LAUGHING SEED Café

SEEDLING MENU FOR KIDS 12 & UNDER!



Help LAFFY SEED
through the
maze to meet
the Baby Peas!

Which other
vegetable friends
can you name?

ENTRÉES

LI'L HARMONY BOWL V, GFI, NFI \$9
Choice of tofu OR tempeh over basmati
rice. Served with black beans, steamed
veggies, and sesame ginger dressing.

KIDS GRILLED CHEESE & FRIES \$8
V option: sub vegan mozzarella.
GFI option: sub gluten-free bread for \$1.

KIDS CHEESE PITA PIZZA \$8
V option: sub vegan mozzarella.

SNACKS

**AVOCADO • BASMATI RICE •
GRILLED TOFU** \$3 each

**BLACK BEANS • GRILLED
TEMPEH** \$4 each

**STEAMED VEGGIES •
FRIES** • \$5 each

DRINKS

ORGANIC JUICE \$4
Apple • Cranberry • Grapefruit •
Orange • Pineapple

ABITA ROOT BEER \$4 bottle